

THE REAL-LIFE

CHORE CHART PACK

Fillable, printable, and built for ordinary weeks

MY WEEK

Name: _____

	M	T	W	T	F	S	S
Shoes by the door	☐	☐	☐	☐	☐	☐	☐
Books on the shelf	☐	☐	☐	☐	☐	☐	☐
Plate to the counter	☐	☐	☐	☐	☐	☐	☐
Pick one bonus job	☐	☐	☐	☐	☐	☐	☐



Inside this pack

- Clickable weekly and daily charts
- Picture chore cards and age-by-age starter ideas
- A family team board, chore game, and weekly reset page

Pick one page. Add a few jobs. Try it for seven days.

My Week

Type into the fields or print and write by hand.

Name

Week of

Real-life rule: start with 3 jobs. Add more only if the chart is actually being used.

MY CHORES	MON	TUE	WED	THU	FRI	SAT	SUN
	☐	☐	☐	☐	☐	☐	☐
	☐	☐	☐	☐	☐	☐	☐
	☐	☐	☐	☐	☐	☐	☐
	☐	☐	☐	☐	☐	☐	☐
	☐	☐	☐	☐	☐	☐	☐
	☐	☐	☐	☐	☐	☐	☐

One job we can skip this week:

Why? Because an honest chart beats an overloaded one.

My Pick-3 Day

Choose one small job in each part of the day.

Name

Date

1

BEFORE WE GO

One thing that makes leaving easier

☐

DONE

2

AFTER WE GET HOME

One quick reset before the next thing

☐

DONE

3

END OF DAY

One job before the chart is done

☐

DONE

Too much today? Cross out one box. The chart still counts.

Picture Chore Cards

Cut them out, tape them on, or use them as a choice board.



TOYS IN BIN



BOOKS ON SHELF



SHOES BY DOOR



CLOTHES
IN HAMPER



DISHES
TO COUNTER



STRAIGHTEN BED



FOLD TOWELS



EMPTY
SMALL TRASH



WATER ONE PLANT



BACKPACK AWAY



SWEEP ONE AREA



SET THE TABLE



HELP WITH
PET JOB



PUT
AWAY GROCERIES



RESTOCK
SUPPLIES



WRITE YOUR OWN

Age-by-Age Starter Ideas

Household ideas only - not developmental expectations.

AGES 3-4

- ☐ Toys in one bin
- ☐ Books on a low shelf
- ☐ Clothes in the hamper
- ☐ Carry napkins
- ☐ Match socks together

Add your own:

AGES 5-6

- ☐ Backpack and shoes away
- ☐ Clear personal dishes
- ☐ Straighten blanket and pillow
- ☐ Sort small laundry items
- ☐ Water one plant with help

Add your own:

AGES 7-8

- ☐ Fold washcloths or towels
- ☐ Empty one small trash can
- ☐ Set the table
- ☐ Gather books from shared rooms
- ☐ Reset one homework area

Add your own:

AGES 9-12

- ☐ Complete one laundry step
- ☐ Change personal bedding
- ☐ Unload assigned dishwasher items
- ☐ Restock paper supplies
- ☐ Reset one shared room

Add your own:

Pick what fits your home. Skip what does not.

Our Family Team Board

Everyone gets a row - including the grown-ups.

Week of

Family rule: clear jobs beat perfect jobs.

WHO	JOB	WHEN	DONE
			☐
			☐
			☐
			☐
			☐
			☐

One task we will do together:

Roll, Pick, Do

Write six quick jobs. Roll one die and do the matching number.

ROLL



One roll. One job.

HOUSE RULES

- Parent veto is allowed.
- A 2-minute job still counts.
- One re-roll per person.
- Stop after the chosen job.

This page is for days when
choosing the chore is the hard part.

1

2

3

4

5

6

FIVE-DONE CELEBRATION

☐☐☐☐☐

When all five are checked, we choose:

Ideas: family game, pick the car music, choose Friday's movie.

Mom's 5-Minute Weekly Reset

Keep what worked. Cross out what did not. No guilt meeting required.

Week of

WHAT ACTUALLY WORKED?

Which jobs happened with the least reminding?

WHAT GOT IGNORED?

Was the job vague, badly timed, or simply too much?

WHAT WILL I CHANGE?

Remove one job, rewrite one job, or move it to a better time.

ONE WIN TO NOTICE

A tiny win counts. Crooked towels still made it into the cabinet.

NEXT WEEK'S TINY PLAN